



Anatomic Pathology and Histo-Cytotechnology (APHC) Virtual Academy

Specialized Professional Program

Gynecologic Cytopathology Screening

In collaboration with

Health Support Services Center, MOH



مركز الخدمات
الصحية المساندة
HEALTH SUPPORT
SERVICES CENTER

Saudi Society of Clinical Laboratory Sciences



Saudi Society of Laboratory Medicine



الجمعية السعودية للطب المخبري
Saudi Society for Laboratory Medicine

Participating laboratories



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Program Brief:

| | |
|-------------------------|---|
| Program Name | Gynecologic Cytopathology Screening |
| Program Provider | Anatomic Pathology and Histo-Cytotechnology (APHC) Virtual Academy https://aphc.ssch.org.sa By the Saudi Society of Cytotechnology and Histotechnology, & Saudi Society of Anatomical Pathology |
| Program Duration | 18 Weeks |
| Program Modality | Hybrid |
| Starting Date | 29 th September 2024 |
| Program Director | Mr. Abdulbasit Andijany, MSc, CT(ASCP) ^{CM} , HTL(ASCPi) ^{CM} QLS ^{CM} ToT, LSSBB, OTT-F, eLXD-F, eLQA-F Chairman and CPD manager of the ssch.org.sa Senior Specialist in Cytopathology aandijany@ssch.org.sa +966540342848 |

Abbreviations:

| | |
|----------------|---|
| APHC VA | Anatomic Pathology and Histo-Cytotechnology Virtual Academy |
| ASCP | American Society for Clinical Pathology |
| ASCCP | American Society for Colposcopy and Cervical Pathology |
| CanMEDS | Canadian Medical Education framework |
| CAP | College of American Pathologists |
| FGT | Female Genital Tract |
| SCFHS | Saudi Commission for Health Specialties |
| SPP | Specialized Professional Program |
| SSAP | Saudi Society of Anatomical Pathology |
| SSCH | Saudi Society of Cytotechnology and Histotechnology |

Program Introduction:

The scientific planning committee found that there is a shortage in the number of skilled laboratory professionals who screen pap smears, a preventable disease with a high success rate when detected early. To address this shortage, the scientific planning committee identified gaps in the knowledge, skills and attitude of the intended target audience (through surveys, focus groups and direct request from the audience) in i) anatomy, embryology, cytomorphology and pathophysiology of the female genital tract. ii) cytomorphologic features of commonly encountered cell types and microorganisms seen in female genital tract. iii) the Bethesda System for Reporting Cervical Cytopathology. iv) different cytology processing techniques and best practices. Therefore, a specialized professional program (SPP) was developed. This SPP in Gynecologic Cytopathology Screening shall deliver virtual lectures (Theoretical sessions) and virtual pap smears (Practical sessions) to the target audience in the whole Kingdom of Saudi Arabia through the Anatomic Pathology and Histo-Cytotechnology Virtual Academy (APHC VA). Virtual slides will allow for real time screening of pap smears using a light microscope, and also serve as a tool to enhance screeners' digital pathology skills.

Program Objectives:

The overall objective of this SPP is to enroll the target audience in a well-structured comprehensive training program certified by the SCFHS in gynecologic cytopathology. After successful completion of the training and passing the final exams, the graduates will:

- Be able to identify the anatomy, embryology, cytomorphology and pathophysiology of the female genital tract and corresponding cellular manifestations which provide diagnostic information.
- Be able to describe the cytomorphologic features of commonly encountered cell types and microorganisms seen in female genital tract specimens.
- Be able to interpret and diagnose pap smears using the Bethesda System for Reporting Cervical Cytopathology.
- Be able to recognize pap smears different processing techniques.
- Be able to recognize national and international standards in the pre-analytical, analytical and post-analytical phases pertaining to pap smears and cytology laboratories.
- Be able to analyze and summarize published papers in cytopathology.

Program Outcome:

After successful completion of the training and passing the final exams, the trainees will function as gynecologic cytopathology screeners (Pap smears screeners) using a light microscope or a virtual slide, and aid in the early detection of cervical cancer in Saudi Arabia filling the shortage in the number of laboratory professionals in this field.

Program Rational:

The 2030 Vision of Saudi Arabia outlines a comprehensive plan to transform the nation. One of its key objectives is to improve the value and accessibility of healthcare services for all citizens. Having a specialized professional program in gynecologic cytopathology programs directly aligns with this vision. By creating a dedicated workforce of pap smear screeners, Saudi Arabia can significantly improve access to cervical cancer screening.

Currently, Saudi Arabia faces a shortage of certified cytotechnologists (less than 50 certified cytotechnologists). This lack of specialists forces many hospitals to forego pap smear screening altogether. Patients seeking this service are often directed to specialized centers, creating a logistical hurdle and potentially delaying diagnosis.

Cytotechnologists play a critical role in expediting the screening process and optimizing pathologist workload. The vast majority of pap smears (over 95% according to published studies) are negative for intraepithelial lesions or malignancy. Cytotechnologists, with their specialized training and after screening certain numbers of cases assigned by their employers, can screen and release these negative cases according to the CAP, freeing up pathologists to focus on complex and potentially cancerous samples. This specialized professional program shall deliver well trained pap smears screeners to help fill the gap of the shortage in cytotechnologists.

This streamlined approach translates to faster turnaround times for patients, allowing for earlier intervention when necessary. Furthermore, a robust workforce of cytotechnologists will enable hospitals to offer pap smear screening services, significantly increasing access for women across the country.

Program Vision:

The program addresses and provides strong knowledge related to screening gynecologic cytopathology specimens (pap smears) in i) anatomy, embryology, cytomorphology and pathophysiology of the female genital tract. ii) cytomorphologic features of commonly encountered cell types and microorganisms seen in female genital tract. iii) the Bethesda System for Reporting Cervical Cytopathology. iv) different cytology processing techniques and best practice.

Program Scientific committee:

- Head: Dr. Ahmad Gazi Alsulimani, Associate professor of pathology at Jazan University, consultant specialist in Cytopathology (SCFHS).
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- Dr. Turki Alhussain, Consultant Histopathologist and Cytopathologist at King Faisal Specialist Hospital and Research Center-Riyadh
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- Mr. Abdulbasit Andijany
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Program competencies:

At the completion of training, graduates will have acquired the following competencies and will function effectively as per CanMEDS roles framework competencies:

- **Medical and Technical expert (MTE):**
 - Become familiar with the different techniques in processing pap smears and applying national and international standards in the pre-analytical, analytical and post-analytical phases pertaining to pap smears.
 - In-depth knowledge of gynecologic cytology, including normal and abnormal cell morphology, cervical cancer precursors, and various pre-cancerous conditions.
 - Develop strong analytical skills for accurately identifying and classifying cells in pap smears.

- Develop skills in quality control and ensuring accurate results are emphasized.
- **Collaborator (COL):**
 - Works effectively with other health professionals to prevent, negotiate, and resolve inter-professional and intra-professional conflicts.
- **Leader (L):**
 - Utilize time and educational resources effectively.
 - Gain valuable skills in managing limited healthcare resources wisely.
- **Professional (P):**
 - Performs and abides by the codes of ethics.
 - Demonstrates commitment to excellence and on-going professional development.
- **Scholar (S):**
 - Be acquainted with the recent updates in gynecologic cytopathology.
 - Participate in the national gynecologic cytopathology statistics professional performed by the Saudi Society of Cytotechnology and Histotechnology.
 - Participate in research.
- **Communicator (COM):**
 - Works effectively and clearly communicating with colleagues.
- **Health advocate (HA):**
 - Knows and follows all safety precautions in the laboratory facility and strives to implement and follow all rules and regulations at all time.

Target Audience:

- Senior laboratory specialists.
- Laboratory specialists.
- Pathologists.
- Pathology Residents.

Program Eligibility Criteria:

- A minimum of a bachelor's degree in medical laboratory sciences/technology, or a bachelor's degree in medicine and surgery.
- A valid/current SCFHS registration.

Program Venue & Address:

- All lectures (Theoretical sessions) and virtual slides (Practical sessions) will be delivered virtually through the accredited APHC virtual academy.
- Final glass slides practical exam will take place in one of the following centers depending on the geographical location of the trainees:
 - Health Science Research Center – Tissue Biobank laboratory, Prince Nourah Bint Abdulrahman University, Riyadh, Saudi Arabia.
 - King Abdulaziz University Hospital – Medical Laboratory, Jeddah, Saudi Arabia.
 - Al Hada Armed Forces Hospital – Medical Laboratory, Taif, Saudi Arabia.
 - Eastern Health cluster, continuous professional development administration and medical laboratories of the cluster, Eastern region, Saudi Arabia.
 - Alborg Academy – Medical Laboratories, Jeddah, Saudi Arabia.

Code of ethics:

- Trainees must follow and abide by the code of ethics when communicating with the trainers, other trainees and at the participating laboratories.
- Any breach in the code of ethics will result in asking the trainees to leave and a zero will be assigned for that assignment.

Certificate of Competency Expiry Duration and Renewal:

Certificate Duration:

- Certificate of competency will be valid for a duration of 3 years.

Certificate Renewal:

- To renew the certificate of competency, the healthcare practitioner must provide evidence in enrolling in the educational activity by the CAP in gynecologic cytology program with a total of 20 CME hours during the three years period after completing the program.
- Healthcare practitioners working in non-accredited laboratories by the CAP, must provide evidence in enrolling in continuous professional development activities in gynecologic cytology equivalent of 20 CME hours.

Program Mode of Delivery:

- All lectures (Theoretical sessions) and virtual slides (Practical sessions) will be delivered virtually through the accredited APHC virtual academy.
 - The APHC virtual academy that is owned and managed by the Saudi Society of Cytotechnology and Histotechnology, and accredited by the NELC and SCFHS as an e-learning platform; <https://aphc.ssch.org.sa/>.
- *Zoom webinar* will be used in meeting sessions through the APHC virtual academy to allow attendees to meet with the instructor on a weekly basis for a minimum of three hours for an “in-depth” lecture and to explore and practice virtual slides screening. Virtual slides will be uploaded to *pathpresenter.com* and direct link will be shared with the attendees through the APHC virtual academy.
- Final written (theoretical) and practical exam at the participating laboratories venues; final written exam will be provided through the APHC virtual academy (from the questions bank), and the final practical exam will be on 20 glass slides at participating laboratories (schedule to be assigned after the start of the course).
- Virtual slide exam will be every 4 weeks; a link to screen the slide will be provided and the attendees will be asked to answer questions through the APHC virtual academy.

- Discussions and questions are encouraged through the APHC virtual academy between trainers and trainees.
- Feedback forms will also be used by trainers and trainees to evaluate the learning journey.

Virtual slides:

- Virtual slides will be on all types of pap smears (Conventional, ThinPrep & SurePath)
- Virtual slides will be uploaded to *pathpresenter.com* SSCH account and a direct link will be provided to the attendees for live training through the APHC virtual academy.
- Attendees will also have weekly homework and virtual slides exams where they submit their answers through the APHC virtual academy.
- Virtual slides (Total of 80 slides) will cover the following topics:
 - Unsatisfactory. NILM, Microorganisms, Reactive changes, ASC-US, ASC-H, LSIL, HSIL, AGC, AIS, Adenocarcinoma and Squamous carcinoma.

Program actual learning hours:

- 4 hours each week; 1 hour through APHC virtual academy and 3 hours through *Zoom*.
- Virtual academy one hour will be on a Pre-Lecture/summary that will help in reducing the cognitive load of the actual lecture and have the trainees arrive better prepared allowing for more in-depth class discussion.
 - Pre-Lecture include, notes, infographics and virtual slides.
- Total learning hours= 4 hours x 17 weeks = **68 hours**

Program assessments:

- The assessment was written to include formative and summative assessment.
- **The difference between formative and summative assessment:**
 - The goal of formative assessment is to monitor trainees' learning to provide ongoing feedback that can be used by trainers to improve their teaching and by trainees to improve their learning. More specifically, formative assessments help trainees identify their strengths and weaknesses and target areas that need improvement and help faculty recognize where trainees are struggling and address problems immediately. On the Other hand, the goal of summative assessment is to evaluate trainees' learning at the end of the program by comparing it against standards or benchmarks. The table below summarizes differences between formative and Summative assessments:

| | Formative | Summative |
|----------------------|-------------------------------------|-------------------------|
| What | Assessment FOR learning | Assessment OF learning |
| Purpose | Improve learning and teaching | Measure of competencies |
| When | On-going | End of the program |
| How used by Trainees | Learn through feedback and practice | Grades |

- **Formative assessment:**
 - Pre-Test (before the lecture) & Post-Test (after the lecture).
 - Virtual pap smears screening when applicable (homework).

- **Summative assessment:**

- End-of-program final written exam.
- Virtual Gyn slides exam. *
- Final practical exams (OSPE) (20 glass slides).
- Research analysis (Critically appraise and summarize scientific peer reviewed recent articles in the field of cytopathology).

| Item | Percentage | CanMed competency |
|--|------------|-------------------|
| Research analysis | 10 % | COL, L, P, S, COM |
| Virtual Gyn slides exam | 20 % | MTE, L |
| Final written exam | 35 % | MTE, HA, L |
| Final practical exams (OSPE) (20 glass slides) | 35 % | MTE, L, P, COL |
| Total scores | 100 % | - |

- **Available score: 100%**

- **70% and above = Pass**
- **69% and below = Fail**

- **Failure in the program will result in a no-refund and no-certificate.**

* Virtual Gyn slides exam (Week 4, 8, 12 & 16), graded as follow for each case:

- Correct diagnosis= 10/10
- One category difference= 5/10
- Two categories difference= 0/10
- Calling a diagnosable slide unsatisfactory= 0/10
- Made a diagnosis on unsatisfactory slide =0/10
- Endocervical/T-Zone component present but not identified= -4
- T-zone component documented when none is present= -4
- Undetected microorganisms= -2 Overcall=-4

Program Requirements and Evaluation:

- Students are required to attend all zoom sessions.

Program Faculty:

- Mr. Abdulbasit Andijany (Program Director)
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- Mr. Rafat Hamoh

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Program schedule:

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|-------------|-----------------------------------|---|-------------------------|---|--------------------------------|--|---------------|
| 1 | Oct 5, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: -Methods of analyzing cells. -Cytologic Features of Basic Cell Types. Practical session: Virtual Gyn slides practice (Normal cells in the FGT) | Mr. Abdulbasit Andijany | <ul style="list-style-type: none"> Identify cell types and morphologic criteria used to evaluate cytologic specimens. Describe the cytomorphologic features of commonly encountered cell types seen in FGT specimens. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|--|-------------------|---|--------------------------------|---|---------------|
| 2 | Oct 12, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: -GYN Anatomy and hormonal pattern. Practical session: Virtual Gyn slides practice (NILM) | Dr. Majed Pharaon | - Identify the anatomy of the FGT and hormonal pattern. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|--|----------------------|---|--------------------------------|--|---------------|
| 3 | Oct 19, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: -Organisms in the FGT. -Introduction to the Bethesda System for Reporting Cervical Cytopathology (TBSRCC). Practical session: Virtual Gyn slides practice (NILM + microorganisms) | Dr. Hatim Almaghrabi | <ul style="list-style-type: none"> - Identify cytomorphologic features of the organisms in the FGT. - Discuss the cytopathology reporting categories in the TBSRCC. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|--|----------------------|---|--------------------------------|---|---------------|
| 4 | Oct 26, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: -Inflammation and reactive changes. Practical session: Virtual Gyn slides practice (NILM + Reactive changes) | Dr. Hatim Almaghrabi | · Identify cytomorphologic features of reactive changes in the FGT. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) Summative assessment (Virtual Gyn slides exam (Due 5th week)) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|-------------|-----------------------------------|---|-------------------|---|--------------------------------|--|---------------|
| 5 | Nov 2, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: -Embryology of the Female Genital Tract. -HPV and Dysplasia. Practical session: Virtual Gyn slides practice (NILM + microorganisms + Reactive changes) | Dr. Majed Pharaon | <ul style="list-style-type: none"> - Discuss normal and pathological development of the FGT. - Describe the clinical presentations of HPV infection. - Describe and identify the histologic and cytologic features associated with HPV infections. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|-------------|---|--|-------------------|---|--------------------------------|--|---------------|
| 6 | Nov 9, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: Atypical Squamous Cells of Undetermined Significance (ASC-US) and atypical squamous cells, cannot exclude HSIL (ASC-H) And their Differential Diagnosis. Practical session: Virtual Gyn slides practice (ASC-US & ASC-H) | Dr. Majed Pharaon | <ul style="list-style-type: none"> Identify cytologic features of atypical squamous cells of undetermined significance (ASC-US) and atypical squamous cells, cannot exclude HSIL (ASC-H) Identify and apply appropriate cytologic criteria to distinguish among reactive cellular changes, ASC-US and SIL | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|---|--------------------|---|--------------------------------|---|---------------|
| 7 | Nov 16, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · LSIL, HSIL to CIS Practical session: Virtual Gyn slides practice (LSIL, HSIL to CIS) | Dr. Abrar Alghamdi | <ul style="list-style-type: none"> · Describe the morphologic changes in the uterine cervix that encompass squamous intraepithelial neoplasia (SIL). · Compare terminology used to classify squamous intraepithelial lesions. · Explain the anatomic distribution and significance of the morphologic variants of squamous intraepithelial lesions. · Describe and recognize the histologic and cytologic features of squamous intraepithelial lesions and categorize the morphologic variants appropriately. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|--|-------------------|--|--------------------------------|--|---------------|
| 8 | Nov 23, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Microinvasive and Invasive Squamous Carcinoma. Practical session: Virtual Gyn slides practice (LSIL, HSIL to CIS and Squamous Carcinoma) | Dr. Majed Pharaon | · Describe and recognize the histologic and cytologic features of microinvasive squamous carcinoma of the uterine cervix. · List and apply appropriate criteria to distinguish carcinoma in situ, microinvasive squamous carcinoma, and invasive squamous carcinoma of the uterine cervix | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) Summative assessment (Virtual Gyn slides exam (Due 9th week)) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|--|--------------------|---|--------------------------------|--|---------------|
| 9 | Nov 30, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Endocervical Adenocarcinoma & Its Precursors. Practical session: Virtual Gyn slides practice (AGC, AIS & ADCA) | Dr. Saleh Alnajjar | · Define, describe and recognize features of reactive and inflammatory changes in endocervical cells, atypical endocervical cells, endocervical adenocarcinoma in situ, and endocervical adenocarcinoma. · Define and describe the features of endocervical columnar dysplasia and microinvasive adenocarcinoma. · List differential diagnoses for endocervical glandular neoplasia and explain features used to distinguish these entities | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|-------------|---|--|--------------------|--|--------------------------------|---|---------------|
| 10 | Dec 7, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Endometrial cytopathology. Practical session: Virtual Gyn slides practice (NSILM & ADCA) | Dr. Saleh Alnajjar | · Describe/recognize cytologic criteria used to classify cells as "atypical endometrial cells of undetermined significance." · Describe and recognize the cytologic criteria of endometrial adenocarcinoma. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|---|--------------------|--|--------------------------------|--|---------------|
| 11 | Dec 14, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Extra-Uterine Neoplasms in GYN Specimens. Practical session: Virtual Gyn slides practice (Mixed including extra-uterine neoplasm) | Dr. Abrar Alghamdi | · List general sources (organs, tissues, body sites) of extrauterine neoplasms in gynecologic specimens. · List general features of papillary serous cystadenocarcinoma and mucinous adenocarcinoma in gynecologic specimens. · List and describe the types of non-neoplastic ovarian cysts; describe and recognize the basic cell components that may be present in fine needle aspirations of these cysts. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|---|--------------------|--|--------------------------------|---|---------------|
| 12 | Dec 21, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Vaginal cytopathology. · Virtual Gyn slides practice. Practical session: Virtual Gyn slides practice (Mixed including vaginal cytopathology) | Dr. Ohoud Aljarbou | · Discuss the anatomy and normal histology of the vagina. · Discuss histologic and cytologic manifestations along with pertinent clinical features of: infectious diseases, inflammatory and miscellaneous conditions, vaginal adenosis, benign neoplasms and tumor –like conditions and vaginal intraepithelial neoplasia (VAIN) · Discuss the histologic and cytologic manifestations of squamous carcinoma, Clear cell adenocarcinoma after DES exposure, adenoid cystic carcinoma, melanoma, Sarcoma botryoides and metastatic tumors. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) Summative assessment (Virtual Gyn slides exam (Due 13th week)) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|--|--------------------|--|--------------------------------|--|---------------|
| 13 | Dec 28, 2024 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: <ul style="list-style-type: none"> · Vulvar disorders. · Virtual Gyn slides practice. Practical session: Virtual Gyn slides practice (Mixed including vulvar cytopathology) | Dr. Ohoud Aljarbou | <ul style="list-style-type: none"> · Discuss contribution of cytology in diagnosing vulvar disorders · Discuss vulvar sampling methods · Discuss histologic and cytology features along with pertinent clinical features of: vulvar Herpes, granuloma inguinale, Bartholin's cyst, granular cell tumor, non-neoplastic epithelial disorders - lichen sclerosus, squamous hyperplasia, vulvar intraepithelial neoplasia- Bowen's disease, condylomata acuminata, vulvar carcinoma, melanoma, Paget's disease, basal cell carcinoma, metastatic tumors. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|-------------|---------------------------------|---|----------------------|---|--------------------------------|---|---------------|
| 14 | Jan 4, 2025 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 13:00 To 14:00 | Theoretical session: · Research paper analysis. | Dr. Ahmad Alsulimani | - Critically appraise and summarize scientific peer reviewed recent articles in the field of cytopathology. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) Summative assessment Research summary due 16th week | 3 |
| | | 14:00 To 16:00 | Theoretical session: Radiation cytology Practical session: Virtual Gyn slides practice (Mixed including radiation changes) | Dr. Majed Pharaon | · Recognize cytomorphologic features of radiation changes in the FGT. | | | |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|-----------------------------------|---|-------------------|--|--------------------------------|--|---------------|
| 15 | Jan 11, 2025 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · ASCCP Management Algorithms. · Gyn non-epithelial malignancy. Practical session: Virtual Gyn slides practice (Mixed including non-epithelial malignancy) | Dr. Majed Pharaon | · Recognize the ASCCP management algorithm in the Gyn cytopathology. · Describe and recognize general morphologic features of non-epithelial malignancy of the FGT. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|---|------------------|--|--------------------------------|--|---------------|
| 16 | Jan 18, 2025 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Quality management in cytology laboratory. | Mr. Rafat Hamoh- | <ul style="list-style-type: none"> · Recognize quality assurance and quality controls methodology and tools in the cytology laboratory. · Identify CAP cytopathology requirements. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) Summative assessment (Virtual Gyn slides exam (Due 17th week)) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|--------------|---|---|-------------------------|--|--------------------------------|---|---------------|
| 17 | Jan 25, 2025 | 60 minutes (accessible anytime) | Pre-Lecture material (Summary, notes, infographics and/or virtual slides) | Self-Reading | - See lecture objectives | APHC VA | Formative assessment (Pre-Test) | 1 |
| | | 180 minutes 13:00 To 16:00 | Theoretical session: · Cytopreparation techniques and laboratory safety. | Mr. Abdulbasit Andijany | · Identify best practice in receiving and processing cytology specimens. · Recognized laboratory safety in cytology laboratories. | Virtual (Zoom) through APHC VA | Formative assessment (Post-tests and Virtual pap smears screening) | 3 |

| Week | Date | Time | Lecture title/activity | Speakers | Lecture Objectives | Venue | Assessment | Contact hours |
|------|----------------------------|-------------------------------|---|----------|--|-------|------------|---------------|
| 18 | Feb 1, 2025 | 180 minutes 13:00 To 16:00 | Final Theoretical Exam | - | Provided through APHC Virtual Academy (Questions bank, time fixed) | | | |
| | Feb 2, 2025 To Feb 8, 2025 | 180 minutes | Final Practical Exam On 20 glass slides | - | At participating laboratories (see page 9), schedule and venue to be assigned later. | | | |

References:

- **Journals:**

- ACTA Cytologica: The Journal of Clinical Cytology and Cytopathology. Published by Karger International.
- AJCP: American Journal of Clinical Pathology. Published by Oxford University Press.
- Cancer Cytopathology. Published by the American Cancer Society and John Wiley & Sons, Inc.
- Diagnostic Cytopathology. Published by John Wiley & Sons.
- Journal of the American Society of Cytopathology. Published by Elsevier.
- Perkins, R.B., et. al. (2020). 2019 ASCCP Risk-Based Management Consensus Guidelines for the Management of Abnormal Cervical Cancer Screening Tests and Cancer Precursors. Journal of Lower Genital Tract Disease, 24(2), 102-131. <https://doi.org/10.1097/LGT.0000000000000525>

- **Texts:**

- **General:**

- Cibas, E.S. & Ducatman, B.S. (2021). Cytology: Diagnostic Principles and Clinical Correlates (5th ed.). Philadelphia: W.B. Saunders.
- Khalbuss, W., Monaco, S.E., & Pantanowitz, L. (2013). Quick Compendium StudySet: Cytopathology eBook. Chicago: ASCP Press.
- Mody, D.R., et al. (2022). Diagnostic Pathology: Cytopathology (3rd ed.). Elsevier.

- **Diagnostic cytopathology:**

- Bibbo, M. & Wilbur, D. (2014). Comprehensive Cytopathology (4th ed.). Philadelphia: W.B. Saunders Company.
- CAP Practical Guide to Gynecologic Cytopathology: Morphology, Management, and Molecular Methods. 1st ed., College of American Pathologists 2008. ISBN-10: 0930304942, ISBN-13: 978-0930304942
- DeMay, R.M. (2012). The Art and Science of Cytopathology (2nd ed.). Chicago: ASCP Press

- DeMay, R.M. (2007). Practical Principles of Cytopathology Revised. Chicago: ASCP Press.
- Nayar, R. & Wilbur, D. (Eds.). (2015). The Bethesda System for Reporting Cervical Cytology: Definitions, Criteria, and Explanatory Notes (3rd ed.). New York: Springer Verlag.
- **Cytopathology preparation:**
 - DeMay, R.M. (2012). The Art and Science of Cytopathology: Volume 3 (2nd ed.). Chicago: ASCP Press.
 - Gill, Gary. (2013). Cytopreparation: Principles & Practice. New York, NY: Springer Publications.
 - Mody, D.R., et al. (2022). Diagnostic Pathology: Cytopathology (3rd ed.). Elsevier.
- **Laboratory operations:**
 - Cibas, E.S. & Ducatman, B.S. (2021). Cytology: Diagnostic Principles and Clinical Correlates (5th ed.). Philadelphia: W.B.
- **Study guides:**
 - Holladay, E.B. (2015). Cytopathology Review Guide (4th ed.). Chicago: ASCP Press.